Changu Narayan Hiking offers the intensive pleasure hiking and walking to the oldest temple pagoda-style Hindu temple Chnagunarayan Temple with glorious views of Himalayas.

Situated some 22km east from Kathmandu valley, Changu Narayan is a pagoda-style Hindu temple dedicated to Lord Vishnu in his incarnation as Narayan and is one of the oldest temples in Nepal.

There are few options for a hike to Changu Narayana. One can either start the hike form Sankhu or Telkot, each of which involve few good hours hike through the scenic village with the Himalayan panorama in the background.

For Sankhu route, it is a 40 minutes drive from Kathmandu and then a mild hike through the beautiful hills, wilderness areas and traditional rural villages with pristine rivers to the Changu Narayanhilltopp where the temple is situated. Or alternatively, we can drive to Telkot (45mins) and then start the hike to the temple through beautiful scenery with many Himalayan peaks forming the background.

Please call for the Price: +977-9851037083

**Duration:** 1 Day

**Rating:** 5 Star

**Group Size:** 2 - 6

**Grade:** Moderate

**Destination:** Nepal

**Activity:** Hiking in Nepal